

**Arizona Department of Health Services**  
**Division of Behavioral Health Services**  
**Mental Health and Substance Abuse National Outcome Measures**

DOMAIN	OUTCOME	MENTAL HEALTH MEASURES	MENTAL HEALTH OUTCOMES	SUBSTANCE ABUSE MEASURES	SUBSTANCE ABUSE OUTCOMES
<b>Reduced Morbidity</b>	Abstinence from Drug/Alcohol use	NOT APPLICABLE	NOT APPLICABLE	Reduction in/no change in frequency of use at date of last service compared to date of first service	Increase of <b>3.42%</b> of consumers abstinent from alcohol use from admission (47.52%) to discharge (50.94%) <sup>1</sup>  Increase of 1.47% of consumers abstinent from drugs from admission (41.67% to discharge 43.13%) <sup>1</sup>
	Decreased mental Illness Symptomatology	UNDER DEVELOPMENT	UNDER DEVELOPMENT	NOT APPLICABLE	NOT APPLICABLE
<b>Employment /Education</b>	Increased/Retained Employment or Return to/stay in School	Profile of adult clients by employment status and of children by increased school attendance	No change between FY 04 ( <b>15%</b> ) and 05 ( <b>15.4%</b> ) in the percentage of employed enrolled persons with SMI <sup>2</sup>	Increase in/no change in number of employed or in school at date of last service compared to first service	NOT REPORTED IN FY 2006 SAPT BLOCK GRANT
<b>Crime and Criminal Justice</b>	Decreased Criminal Justice involved	Profile of client involvement in criminal and juvenile justice systems	NOT REPORTED IN FY 2006 CMHS BLOCK GRANT	Reduction in/no change in number of arrests in past 30 days from date of first service to date of last service	% of consumers arrested decreased 6.63% from FY 05 to FY 06 (from 31.34% to 24.71%) <sup>1</sup>
<b>Stability in Housing</b>	Increased Stability in Housing	Profile of client's change in living situation (including homelessness status)	Number of housing units increased by <b>82 units</b> from FY 04 to 05 <sup>2</sup>	Increase in/no change in number of clients in stable housing situation from date of first service to date of last service	% of homeless decreased by 1.08% from FY 04 (10.73%) to FY 05 (9.66%) <sup>1</sup>
<b>Access/ Capacity</b>	Increased access to services (service Capacity)	Number of persons served by age, gender, race and ethnicity.	No change in % of enrolled SMI consumers (out of estimated total SMI in state) from FY 04 (25%) to FY 05 (24.4%) <sup>2</sup>  Increase of 3,914 enrolled homeless SMI consumers from FY 04 (1,342) to FY 05 (5,256) <sup>2</sup> .	Unduplicated count of persons served; penetration rate-numbers served compared to those in need	Total number of identified substance abuse consumers receiving treatment was reported to be 37,295 for CY 2004 (TEDS)
<b>Retention</b>	Increased Retention in Treatment-Substance Abuse	NOT APPLICABLE	NOT APPLICABLE	Length of stay from date of first service to date of last service	Average LOS varied by LOC from 0 days (Detox) to 88 days (Long-term rehabilitation/residential) <sup>1</sup>
				Unduplicated count of persons served	For SAPT Block grant services, including prevention, the total number of persons served was reported as 215,004 <sup>1</sup>
	Reduced Utilization of Psychiatric Inpatient Beds-Mental Health	Decreased rate of readmission to State psychiatric hospitals within 30 days and 180 days	30 days: Maintenance of readmission from FY 04 to 05 ( <b>1%</b> ) <sup>2</sup>  180 days: Reduced by <b>6%</b> from FY 04 (9%) to FY 05(3%) <sup>2</sup>	NOT APPLICABLE	NOT APPLICABLE
<b>Social Connectedness</b>	Increased Social Supports/ Social Connectedness	UNDER DEVELOPMENT	UNDER DEVELOPMENT	UNDER DEVELOPMENT	UNDER DEVELOPMENT
<b>Perception of Care</b>	Client Perception of Care	Clients report positively about outcomes	The percentage of consumers reporting positively about outcomes increased <b>14%</b> from 65% in FY 03 to 79% in FY 05 <sup>2</sup>	UNDER DEVELOPMENT	UNDER DEVELOPMENT
<b>Cost Effectiveness</b>	Cost Effectiveness (Average Cost)	Number of persons receiving evidence-based services/number of evidence-based practices provided by the state	Number of EBP increased from <b>7 to 9</b> from FY 04 to 05 <sup>2</sup>	Number of states providing substance abuse treatment services within approved cost per person bands by the type of treatment	NOT REPORTED IN FY 2006 SAPT BLOCK GRANT
<b>Evidence-Based Practices</b>	Use of Evidence-Based Practices			UNDER DEVELOPMENT	UNDER DEVELOPMENT

<sup>1</sup> Source: SAPT Block Grant Application FY 06

<sup>2</sup> Source: CMHS Block Grant Application FY 06